# **SUMMARY OF BENEFITS** Cigna Health and Life Insurance Co.

Metro Auto Auction, LLC LocalPlus IN



General Services	In-Network		
Physician office visit – Primary Care Physician (PCP)	You pay \$30 per visit copay, then plan pays 100%		
Physician Office Visit – Specialist	You pay \$60 per visit copay, then plan pays 100%		
Cigna Telehealth Connection Services	. Sa pay 400 por viole copay, mon plan payo 100/0		
<ul> <li>Includes charges for the delivery of medical and health-related consultations via secure telecommunications technologies, telephones and internet only when delivered by contracted medical telehealth providers (see details on myCigna.com)</li> <li>Telehealth services rendered by providers that are not contracted medical telehealth providers (as described on myCigna.com) are covered at the same benefit level as the same services would be if rendered in-person.</li> </ul>	You pay \$30 per visit copay, then plan pays 100%		
<ul><li>Urgent care visit</li><li>All services including Lab &amp; X-ray</li></ul>	You pay \$75 per visit copay, then plan pays 100%		
Preventive Care	You pay 0% Plan pays 100%		
Preventive Services	You pay 0% Plan pays 100%		
Immunizations	You pay 0% Plan pays 100%		
Coinsurance	After the plan deductible is met, You pay 0% Plan pays 100%		
Calendar year deductible	•		
<ul> <li>Benefits for an individual within a family are paid once the individual deductible has been met.</li> <li>Copays always apply before plan deductible and coinsurance.</li> </ul>	Individual: \$2,500 Family: \$5,000		
Medical copays apply towards the out-of-pocket maximums     Medical deductibles apply towards the out-of-pocket maximums     This plan includes a combined Medical/Pharmacy out-of-pocket maximum.	Individual: \$2,600 Family: \$5,200		
Lifetime maximum	Unlimited Per individual		
Emergency room care     All services rendered apply to ER benefit including Lab & X-ray	You pay \$200 per visit copay (waived if admitted), then plan pays 100%		

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General Services	In-Network	
	After the in-network plan deductible is met,	
Ambulance	You pay 0% Plan pays 100%	
	After the plan deductible is met,	
Office surgery – PCP	You pay 0%	
	Plan pays 100%	
	After the plan deductible is met,	
Office surgery – Specialist	You pay 0%	
	Plan pays 100%	
Other office services – laboratory	Covered same as plan's Physician's Office Services	
Other office services – radiology	Covered same as plan's Physician's Office Services	
Outpatient lab	You pay 0%	
•	Plan pays 100%	
Outpatient radiology	You pay 0% Plan pays 100%	
	You pay 0%	
Independent lab	Plan pays 100%	
Office advanced radiology imaging services	After the plan deductible is met,	
<ul> <li>Includes MRI, MRA, PET, CT-Scan and</li> </ul>	You pay 0%	
Nuclear medicine	Plan pays 100%	
Outpatient advanced radiology imaging services		
<ul> <li>Includes MRI, MRA, PET, CT-Scan and</li> </ul>	You pay \$250 copay, then plan pays 100%	
Nuclear medicine		
Durable medical equipment	After the plan deductible is met,	
<ul> <li>Includes external prosthetic appliances</li> </ul>	You pay 0%	
<ul> <li>Does accumulate towards the out-of-pocket</li> </ul>	Plan pays 100%	
maximum		
Breast Feeding Equipment and Supplies	N 201	
Limited to the rental of one breast pump per  high as ordered or prescribed by a physician	You pay 0%	
birth as ordered or prescribed by a physician. Includes related supplies	Plan pays 100%	

Benefits	In-Network		
Hospital Services			
Inpatient hospital services	After the plan deductible is met, You pay 0% Plan pays 100%		
<ul> <li>Inpatient Professional Services</li> <li>For services performed by Surgeons,         Radiologists, Pathologists, Anesthesiologists,         and Hospital Based Physician</li> </ul>	After the plan deductible is met, You pay 0% Plan pays 100%		
Outpatient hospital services	After the plan deductible is met, You pay 0% Plan pays 100%		
<ul> <li>Outpatient professional services</li> <li>For services performed by Surgeons, Radiologists, Pathologists, Anesthesiologists</li> </ul>	After the plan deductible is met, You pay 0% Plan pays 100%		
Skilled nursing facility care  • 60 days per calendar year maximum	After the plan deductible is met, You pay 0% Plan pays 100%		

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Benefits	In-Network		
	After the plan deductible is met,		
Hospice care	You pay 0%		
	Plan pays 100%		
	After the plan deductible is met,		
Home health care	You pay 0%		
	Plan pays 100%		
Mental Health and Substance Use Disorder			
Inpatient mental health	After the plan deductible is met,		
Includes Residential Treatment	You pay 0%		
Outpotions montal boolth   Dhysician's Office	Plan pays 100%		
Outpatient mental health – Physician's Office			
Includes Individual, Intensive Outpatient,  Palacytisms Talabaeth Consultation, and Crown  Outpatient  Outpat	You pay \$60 per visit copay, then plan pays 100%		
Behavioral Telehealth Consultation, and Group Therapy			
Outpatient mental health – all other services			
Includes Partial Hospitalization	After the plan deductible is met,		
<ul> <li>Includes Fattlat Hospitalization</li> <li>Includes Individual, Intensive Outpatient,</li> </ul>	You pay 0%		
Behavioral Telehealth Consultation, and Group	Plan pays 100%		
Therapy	Tian pays 100%		
· ·	After the plan deductible is met,		
Inpatient substance use disorder	You pay 0%		
<ul> <li>Includes Residential Treatment</li> </ul>	Plan pays 100%		
Outpatient substance use disorder – Physician's Office  Includes Individual, Intensive Outpatient, Behavioral Telehealth Consultation, and Group Therapy	You pay \$60 per visit copay, then plan pays 100%		
Outpatient substance use disorder – all other			
services	A6 (I I I I I I I I I		
<ul> <li>Includes Partial Hospitalization</li> </ul>	After the plan deductible is met,		
<ul> <li>Includes Individual, Intensive Outpatient,</li> </ul>	You pay 0%		
Behavioral Telehealth Consultation, and Group	Plan pays 100%		
Therapy			
Therapy Services			
Outpatient physical therapy			
<ul> <li>20 visits per calendar year</li> </ul>	Covered same as plan's Physician Office Visit – Specialist		
<ul> <li>Limits are not applicable to mental health</li> </ul>	Govered sume as plants i mysician omice visit opecialist		
conditions			
Outpatient speech therapy, hearing therapy and			
occupational therapy			
20 visits per calendar year	Covered same as plan's Physician Office Visit – Specialist		
<ul> <li>Limits are not applicable to mental health conditions for speech and occupational therapies</li> </ul>	3 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		
Chiropractic services			
<ul> <li>Including Spinal Manipulation and Subluxation Services</li> </ul>	Covered same as plan's Physician Office Visit – Specialist		
Acupuncture	Not Covered		
Additional Services			

Benefits	In-Network	
Medical Specialty Drugs Inpatient Facility		
<ul> <li>This benefit applies to the cost of the Infusion</li> </ul>	After the plan deductible is met,	
Therapy drugs administered in an Inpatient	You pay 0%	
Facility. This benefit does not cover the related	Plan pays 100%	
Facility or Professional charges.	·	
Medical Specialty Drugs Outpatient Facility		
<ul> <li>This benefit applies to the cost of the Infusion</li> </ul>	After the plan deductible is met,	
Therapy drugs administered in an Outpatient	You pay 0%	
Facility. This benefit does not cover the related	Plan pays 100%	
Facility or Professional charges.		
Medical Specialty Drugs Physician's Office		
<ul> <li>This benefit applies to the cost of targeted</li> </ul>	After the plan deductible is met,	
Infusion Therapy drugs administered in the	You pay 0%	
Physician's Office. This benefit does not cover	Plan pays 100%	
the related Office Visit or Professional charges.		
Medical Specialty Drugs Home		
<ul> <li>This benefit applies to the cost of targeted</li> </ul>	After the plan deductible is met,	
Infusion Therapy drugs administered in the	You pay 0%	
patient's home. This benefit does not cover the	Plan pays 100%	
related Professional charges.		
PPACA Women's Health		
<ul> <li>Includes surgical services, such as tubal</li> </ul>	You pay 0%	
ligation (excludes reversals)	Plan pays 100%	
<ul> <li>Contraceptive devices are included.</li> </ul>		
Family planning		
<ul> <li>Includes surgical services, such as vasectomy</li> </ul>	Varios based on place of comics	
(excludes reversals)	Varies based on place of service	
<ul> <li>Includes infertility testing for diagnosis only</li> </ul>		
Infertility	Not Covered	
Abortion		
<ul> <li>Includes non-elective procedures and elective</li> </ul>	Varies based on place of service	
procedures		
TMJ	Not Covered	
Organ transplant		
Services paid at network level if performed at		
Cigna LifeSOURCE Transplant Network®	After the plan deductible is met,	
Facilities	You pay 0%	
<ul> <li>Travel maximum Unlimited (only available if</li> </ul>	Plan pays 100%	
using Cigna LifeSOURCE Transplant Network®		
facility)		

Pharmacy	In-Network	Out-of-Network
Cost Share and Supply		

Pharmacy	In-Network	Out-of-Network
<ul> <li>Retail – up to 90-day supply         (except Specialty up to 30-day supply)</li> <li>Home Delivery – up to 90-day supply         (except Specialty up to 30-day supply)</li> <li>Specialty Drugs provided at Home Delivery at the Retail (per 30-day supply) cost share.</li> </ul>	Retail (per 30-day supply): Generic: You pay \$10 Preferred Brand: You pay \$30 Non-Preferred Brand: You pay \$50  Retail and Home Delivery (per 90-day supply): Generic: You pay \$25 Preferred Brand: You pay \$75 Non-Preferred Brand: You pay \$125	Retail: You pay 50% Your plan pays 50%  Home Delivery: Not Covered

- Retail drugs for a 30 day supply may be obtained In-Network at a wide range of pharmacies across the nation although prescriptions for a 90 day supply (such as maintenance drugs) will be available at select network pharmacies.
- Cigna 90 Now Program: You can choose to fill your medications in a 30- or 90-day supply. If you choose to fill a 30day prescription, it can be filled at any network retail pharmacy or Cigna Home Delivery. If you choose to fill a 90-day
  prescription, it must be filled at a 90-day network retail pharmacy or Cigna Home Delivery to be covered by the plan.
- Specialty medications are used to treat an underlying disease which is considered to be rare and chronic including, but not limited to, multiple sclerosis, hepatitis C or rheumatoid arthritis. Specialty Drugs may include high cost medications as well as medications that may require special handling and close supervision when being administered.
- When you request a brand drug, you pay the brand cost share plus the cost difference between the brand and generic drugs up to the cost of the brand drug (unless the physician indicates "Dispense As Written" DAW) (MAC B).
- Your pharmacy benefits share an out-of-pocket maximum with the medical/behavioral benefits.

#### **Drugs Covered**

#### **Prescription Drug List:**

Your Cigna Advantage Prescription Drug List includes a full range of drugs including all those required under applicable health care laws. Some of the more expensive drugs are excluded when there are less expensive alternatives. To check which drugs are included in your plan, please log on to myCigna.com. Some highlights:

- Coverage includes Self Administered injectable drugs, but excludes infertility drugs.
- Contraceptive devices and drugs are covered with federally required products covered at 100%.
- Insulin, glucose test strips, lancets, insulin needles & syringes, insulin pens and cartridges are covered.

#### **Pharmacy Program Information**

#### **Pharmacy Clinical Management: Essential**

Your plan features drug management programs and edits to ensure safe prescribing, and access to medications proven to be the most reliable and cost effective for the medical condition, including:

- Prior authorization requirements
- Step Therapy on select classes of medications and drugs new to the market
- Quantity limits, including maximum daily dose edits, quantity over time edits, duration of therapy edits, and dose optimization edits
- Age edits, and refill-too-soon edits
- Plan exclusion edits
- Current users of Step Therapy medications will be allowed one 30-day fill during the first three months of coverage before Step Therapy program applies.
- Your plan includes Specialty Drug Management features, such as prior authorization and quantity limits, to ensure the safe prescribing and access to specialty medications.
- Your plan includes access to the TheraCare® program which works with customers to help them better understand their condition, medications and their side effects in addition to why it's important to take their medications exactly as prescribed by a physician.

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### Pharmacy Program Information

### Clinical Outcome Programs:

• Your plan includes Narcotic Therapy Management to identify unusual medication use patterns and offers physicians a comprehensive view of your overall treatment history.

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#### **Additional Information**

**Selection of a Primary Care Provider**- Your plan may require or allow the designation of a primary care provider. You have the right to designate any primary care provider who participates in the network and who is available to accept you or your family members. If your plan requires designation of a primary care provider, Cigna may designate one for you until you make this designation. For information on how to select a primary care provider, and for a list of the participating primary care providers, visit www.myCigna.com or contact customer service at the phone number listed on the back of your ID card. For children, you may designate a pediatrician as the primary care provider.

**Direct Access to Obstetricians and Gynecologists**- You do not need prior authorization from the plan or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a preapproved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, visit www.myCigna.com or contact customer service at the phone number listed on the back of your ID card.

#### One Guide

Available by phone or through myCigna mobile application. One Guide helps you navigate the health care system and make the most of your health benefits and programs.

#### **Out of Pocket Maximum**

Once you reach the individual or family out-of-pocket maximum (non-covered benefits are excluded from this total) in any one calendar year, covered services will be payable at 100% for the remainder of the year.

- Medical copays apply towards the out-of-pocket maximums
- Medical deductibles apply towards the out-of-pocket maximums

#### **Complete Care Management**

Pre-authorization is required on all inpatient admissions and selected outpatient procedures, diagnostic testing, and outpatient surgery. Network providers are contractually obligated to perform pre-authorization on behalf of their clients.

#### **General Notice of Preexisting Condition Exclusion**

Not applicable

#### **Medicare Coordination**

In accordance with the Social Security Act of 1965, this plan will pay as the Secondary plan to Medicare Part A and B as follows:

- (a) a former Employee such as a retiree, a former Disabled Employee, a former Employee's Dependent, or an Employee's Domestic Partner who is also eligible for Medicare and whose insurance is continued for any reason as provided in this plan (including COBRA continuation);
- (b) an Employee, a former Employee, an Employee's Dependent, or former Employee's Dependent, who is eligible for Medicare due to End Stage Renal Disease after that person has been eligible for Medicare for 30 months.

When a person is eligible for Medicare A and B as described above, this plan will pay as the Secondary Plan to Medicare Part A and B regardless if the person is actually enrolled in Medicare Part A and/or Part B and regardless if the person seeks care at a Medicare Provider or not for Medicare covered services.

#### **Exclusions**

#### What's Not Covered (This Is Not All Inclusive; check your plan documents for a complete list)

- Care for health conditions that are required by state or local law to be treated in a public facility.
- Care required by state or federal law to be supplied by a public school system or school district.
- Care for military service disabilities treatable through governmental services if you are legally entitled to such treatment and facilities are reasonably available.
- Treatment of an Injury or Sickness which is due to war, declared, or undeclared, riot or insurrection.
- Charges which you are not obligated to pay or for which you are not billed or for which you would not have been billed except that they were covered under this plan. For example, if Cigna determines that a provider or pharmacy is or has waived, reduced, or forgiven any portion of its charges and/or any portion of copayment, deductible, and/or coinsurance amount(s) you are required to pay for a Covered Expense (as shown on The Schedule) without Cigna's express consent, then Cigna in its sole discretion shall have the right to deny the payment of benefits in connection with the Covered Expense, or reduce the benefits in proportion to the amount of the copayment, deductible, and/or coinsurance amounts waived, forgiven or reduced, regardless of whether the provider or pharmacy represents that you remain responsible for any amounts that your plan does not cover. In the exercise of that discretion, Cigna shall have the right to require you to provide proof sufficient to Cigna that you have made your required cost share payment(s) prior to the payment of any benefits by Cigna. This exclusion includes, but is not limited to, charges of a non-Participating Provider who has agreed to charge you or charged you at an in-network benefits level or some other benefits level not otherwise applicable to the services received. Provided further, if you use a coupon provided by a pharmaceutical manufacturer or other third party that discounts the cost of a prescription medication or other product, Cigna may, in its sole discretion, reduce the benefits provided under the plan in proportion to the amount of the Copayment, Deductible, and/or Coinsurance amounts to which the value of the coupon has been applied by the Pharmacy or other third party, and/or exclude from accumulation toward any plan Deductible or Out-of-Pocket Maximum the value of any coupon applied to any Copayment, Deductible and/or Coinsurance you are required to pay.
- Charges arising out of or relating to any violation of a healthcare-related state or federal law or which themselves are a violation of a healthcare-related state or federal law.
- Custodial care of a member whose health is stabilized and whose current condition is not expected to significantly or objectively improve or progress over a specified period of time. Custodial care does not seek a cure, can be provided in any setting and may be provided between periods of acute or inter-current health care needs. Custodial care includes any skilled or non skilled health services or personal comfort and convenience services which provide general maintenance, supportive, preventive and/or protective care. This includes assistance with, performance of, or supervision of: walking, transferring or positioning in bed and range of motion exercises; self administered medications; meal preparation and feeding by utensil, tube or gastronomy; oral hygiene, skin and nail care, toilet use, routine enemas; nasal oxygen applications, dressing changes, maintenance of in-dwelling bladder catheters, general maintenance of colostomy ilieostomy, gastronomy, tracheostomy and casts.
- For or in connection with experimental, investigational or unproven services.
  - Experimental, investigational and unproven services are medical, surgical, diagnostic, psychiatric, substance use disorder or other health care technologies, supplies, treatments, procedures, drug or Biologic therapies or devices that are determined by the utilization review Physician to be:
  - o Not approved by the U.S. Food and Drug Administration (FDA) or other appropriate regulatory agency to be lawfully marketed:
  - Not demonstrated, through existing peer-reviewed, evidence-based, scientific literature to be safe and effective for treating or diagnosing the condition or Sickness for which its use is proposed;
  - o The subject of review or approval by an Institutional Review Board for the proposed use except for as provided in the "Clinical Trials" sections of this plan; or
  - o The subject of an ongoing phase I, II or III clinical trial, except for routine patient care costs related to qualified clinical trials as provided in the "Clinical Trials" sections of this plan.
  - The subject of review or approval by an Institutional Review Board of an academic health institution in the State of Arizona, except for Routine Patient Services as provided in the "Clinical Trials" section of this plan.
  - o In determining whether drug or Biologic therapies are experimental, investigational and unproven, the utilization review Physician may review, without limitation, U.S. Food and Drug Administration-approved labeling, the standard medical reference compendia and peer-reviewed, evidence-based scientific literature. The plan or policy shall not deny coverage for a drug or Biologic therapy as experimental, investigational

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#### **Exclusions**

and unproven if the drug or Biologic therapy is otherwise approved by the FDA to be lawfully marketed and is recognized for the treatment of cancer in at least 1 of the following standard medical reference compendia or medical literature: the American hospital formulary service drug information, a publication of the American society of health system pharmacists, the National Comprehensive Cancer Network Drugs and Biologics Compendium, Thomson Micromedex Compendium DrugDex, Elsevier Gold Standard's Clinical Pharmacology Compendium, Other Authoritative Compendia as Identified by the Secretary of the United States Department of Health and Human Services.

- Cosmetic surgery and therapies. Cosmetic surgery or therapy is defined as surgery or therapy performed to improve
  or alter appearance or self-esteem. However, reconstructive surgery and therapy are covered as provided in the
  "Reconstructive Surgery" section of Covered Expenses.
- The following services are excluded from coverage regardless of clinical indications: macromastia or gynecomastia surgeries; abdominoplasty; panniculectomy; rhinoplasty; blepharoplasty; redundant skin surgery; removal of skin tags; acupressure; craniosacral/cranial therapy; dance therapy, movement therapy; applied kinesiology; rolfing; prolotherapy; and extracorporeal shock wave lithotripsy (ESWL) for musculoskeletal and orthopedic conditions, except as may be covered under the "Reconstructive Surgery" benefit.
- Treatment of TMJ disorders and craniofacial muscle disorders.
- Dental treatment of the teeth, gums or structures directly supporting the teeth, including dental X-rays, examinations, repairs, orthodontics, periodontics, casts, splints and services for dental malocclusion, for any condition. Charges made for services or supplies provided for or in connection with an accidental Injury to teeth are covered provided a continuous course of dental treatment is started within six months of an accident.
- Medical and surgical services, initial and repeat, intended for the treatment or control of obesity, except for treatment
  of clinically severe (morbid) obesity as shown in Covered Expenses, including: medical and surgical services to alter
  appearance or physical changes that are the result of any surgery performed for the management of obesity or
  clinically severe (morbid) obesity; and weight loss programs or treatments, whether prescribed or recommended by
  a Physician or under medical supervision.
- Unless otherwise covered in this plan, for reports, evaluations, physical examinations, or hospitalization not required for health reasons including, but not limited to, employment, insurance or government licenses, and court-ordered, forensic or custodial evaluations.
- Court-ordered treatment or hospitalization, unless such treatment is prescribed by a Physician and listed as covered in this plan.
- Infertility services including infertility drugs, surgical or medical treatment programs for infertility, including in vitro fertilization, gamete intrafallopian transfer (GIFT), zygote intrafallopian transfer (ZIFT), variations of these procedures, and any costs associated with the collection, washing, preparation or storage of sperm for artificial insemination (including donor fees). Cryopreservation of donor sperm and eggs are also excluded from coverage.
- Reversal of male or female voluntary sterilization procedures.
- Any medications, drugs, services or supplies for the treatment of male or female sexual dysfunction such as, but not limited to, treatment of erectile dysfunction (including penile implants), anorgasmy, and premature ejaculation.
- Medical and Hospital care and costs for the infant child of a Dependent, unless this infant child is otherwise eligible under this plan.
- Non-medical counseling and/or ancillary services including, but not limited to, Custodial Services, educational
  services, vocational counseling, training and rehabilitation services, behavioral training, biofeedback, neurofeedback,
  hypnosis, sleep therapy, return to work services, work hardening programs and driver safety courses.
- Therapy or treatment intended primarily to improve or maintain general physical condition or for the purpose of enhancing job, school, athletic or recreational performance, including but not limited to routine, long term, or maintenance care which is provided after the resolution of the acute medical problem and when significant therapeutic improvement is not expected.
- Consumable medical supplies other than ostomy supplies and urinary catheters. Excluded supplies include, but are not limited to bandages and other disposable medical supplies, skin preparations and test strips, except as specified in the "Home Health Services" or "Breast Reconstruction and Breast Prostheses" sections of this plan.
- Private Hospital rooms and/or private duty nursing except as provided under the Home Health Services provision.
- Personal or comfort items such as personal care kits provided on admission to a Hospital, television, telephone, newborn infant photographs, complimentary meals, birth announcements, and other articles which are not for the specific treatment of an Injury or Sickness.

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#### **Exclusions**

- Artificial aids including, but not limited to, corrective orthopedic shoes, arch supports, elastic stockings, garter belts, corsets, dentures and wigs.
- Hearing aids, including but not limited to semi-implantable hearing devices, audiant bone conductors and Bone Anchored Hearing Aids (BAHAs). A hearing aid is any device that amplifies sound.
- Aids, devices or other adaptive equipment that assist with non-verbal communications, including, but not limited to communication boards, pre-recorded speech devices, laptop computers, desktop computers, Personal Digital Assistants (PDAs), Braille typewriters, visual alert systems for the deaf and memory books.
- Eyeglass lenses and frames and contact lenses (except for the first pair of contact lenses for treatment of keratoconus or post-cataract surgery).
- Routine refractions, eye exercises and surgical treatment for the correction of a refractive error, including radial keratotomy.
- Treatment by acupuncture.
- All non-injectable prescription drugs, unless Physician administration or oversight is required, injectable prescription drugs to the extent they do not require Physician supervision and are typically considered self-administered drugs, non-prescription drugs, and investigational and experimental drugs, except as provided in this plan.
- Routine foot care, including the paring and removing of corns and calluses or trimming of nails. However, services
  associated with foot care for diabetes and peripheral vascular disease are covered when Medically Necessary.
- Membership costs or fees associated with health clubs, weight loss programs and smoking cessation programs.
- Genetic screening or pre-implantations genetic screening. General population-based genetic screening is a testing method performed in the absence of any symptoms or any significant, proven risk factors for genetically linked inheritable disease.
- Dental implants for any condition.
- Fees associated with the collection or donation of blood or blood products, except for autologous donation in anticipation of scheduled services where in the utilization review Physician's opinion the likelihood of excess blood loss is such that transfusion is an expected adjunct to surgery.
- Blood administration for the purpose of general improvement in physical condition.
- Cost of biologicals that are immunizations or medications for the purpose of travel, or to protect against occupational hazards and risks.
- Cosmetics, dietary supplements and health and beauty aids.
- For nutritional or dietary supplements, unless those charges are for medical foods to treat inherited metabolic disorders. Metabolic disorders triggering medical food coverage are: part of the newborn screening program as prescribed by Arizona statute; involve amino acid, carbohydrate or fat metabolism; have medically standard methods of diagnosis, treatment and monitoring, including quantification of metabolites in blood, urine or spinal fluid or enzyme or DNA confirmation in tissues; and require specifically processed or treated medical foods that are generally available only under the supervision and direction of a Physician, that must be consumed throughout life and without which the person may suffer serious mental or physical impairment.
- Enteral feedings, supplies and specially formulated medical foods that are prescribed and non-prescribed, except as specifically provided in the "Enteral Nutrition" benefit.
- Charges for an off-label cancer drug that has been prescribed for a specific type of cancer for which use of the drug
  has been approved by the U.S. Food and Drug Administration (U.S. FDA). However, such drugs will be covered if:
  the drug is recognized as safe and effective for treatment of the specific type of cancer in one of the standard
  medical reference compendia or in medical literature; and the drug has not been determined by the FDA to be
  contradicted for the specific type of cancer being treated. Coverage will also be provided for any medical services
  necessary to administer the drug.
- For or in connection with an Injury or Sickness arising out of, or in the course of, any employment for wage or profit.
- Charges made by a Physician/practitioner for broken appointments, phone calls, email or internet evaluations unless otherwise specified in the covered services section of your document.
- Massage therapy.

#### These are only the highlights

This summary outlines the highlights of your plan. For a complete list of both covered and not-covered services, including benefits required by your state, see your employer's insurance certificate or summary plan description -- the official plan documents. If there are any differences between this summary and the plan documents, the information in the plan documents takes precedence.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Cigna Behavioral Health, Inc., Cigna Health Management, Inc. and HMO or service company subsidiaries of Cigna Health Corporation. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

EHB State: AZ

## **DISCRIMINATION IS AGAINST THE LAW**

### **Medical coverage**

Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

#### Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to ACAGrievance@Cigna.com or by writing to the following address:

Cigna

Nondiscrimination Complaint Coordinator

PO Box 188016

Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, DC 20201 1.800.368.1019, 800.537.7697 (TDD) Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



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#### **Proficiency of Language Assistance Services**

**English** - ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

**Spanish** - ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

**Chinese** - 注意:我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶,請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224 (聽障專線:請撥 711)。

**Vietnamese** – XIN LƯU Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

Korean - 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주십시오.

**Tagalog** - PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

**Russian** – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

Arabic - برجاء الانتباه خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna الحاليين برجاء الاتصال بالرقم المدون علي ظهر بطاقتكم الشخصية. او اتصل ب TTY).

**French Creole** - ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

**French** - ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

**Portuguese** - ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

**Polish** – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese - 注意事項:日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224 (TTY: 711)まで、お電話にてご連絡ください。

**Italian** - ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

**German** – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

Persian (Farsi) – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه میشود. برای مشتریان فعلی Cigna، لطفاً با شمارهای که در پشت کارت شناسایی شماست تماس بگیرید. در غیر اینصورت با شماره 1.800.244.6224 تماس بگیرید (شماره تلفن ویژه ناشنوایان: شماره 711 را شمارهگیری کنید).